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About Pulse Point

Pulse point is passionate about teaching people how to minimise injury and save lives - by teaching people how to care for themselves, their families and their community.

Teaching style

Pulse point uses a combination of videos, practical sessions and scenarios, theory sessions, discussions as well as presentations, to ensure that all learning styles are accommodated, and that everyone has lots of fun!

We can come to you!

Basic Courses



- C.P.R. & Choking course

Learn to perform CPR, help a choking person and deal with a life threatening emergency.

The course covers:

- Adult C.P.R.
- Child C.P.R.
- Infant C.P.R.

- Adult/Child Choking
- Infant Choking

You will receive:

- 40page full colour CPR booklet, 2 CPR memory cards, and an attendance card
- Mouth piece, gloves & pouch,
- CPR certificate (valid for 2yrs)

Duration

- 3 hours

Cost per person

R300

(3 people)

R190

(6 or more people)

(Other group sizes are available. Price includes VAT & travel within JHB)

- Basic First Aid course

Learn how to help an injured person (adult, child and infant). This course covers all the day to day injuries that you will probably need to deal with.

The course covers:

- Fractures, Burns and Bleeding
- Seizures and Shock
- Head injuries and Sprains
- Bites and Stings
- The emergency call and Safety
- The Recovery position

You will receive:

- 44page full colour Basic First Aid booklet, and an attendance card,
- Basic First Aid certificate (valid for 2years)

Duration

- 3 hours

Cost per person

R300

(3 people)

R190

(6 or more people)

(Other group sizes are available. Price includes VAT & travel within JHB)



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Instructors

Our instructors are all skilled trainers who enjoy teaching first aid. They also all have several years of medical experience, which they are excited to share with their students.



Accreditation



CPR and Basic First Aid

Resuscitation Council of South Africa & the American Heart Association

First aid Level 1, 2 and 3

Department of Labour (CI551)
HWSETA (pending)

BLS, CPR & First Aid for HCP

Resuscitation Council of South Africa & the American Heart Association.
HPCSA recognized.



We can come to you!

Department of Labour Courses



- First Aid Level 1 course

This course covers all first aid essentials, and is the benchmark of first aid. It is also a company requirement for the Occupational Health and Safety act (OHSAct) & FGASA.

The course covers:

- Adult and Child CPR & Choking
- Emergency scene management
- Wounds, Bleeding and Burns
- Shock and Vital signs
- Unconsciousness and fainting
- Fractures, Splinting and bandaging
- Head and Spinal Injuries
- Head to toe survey
- The emergency call and Safety

You will receive:

- Level 1 manual (43 pages)
- Mouth piece, gloves & pouch
- Level 1 first aid certificate (valid for 3 years)

Duration

- 2 days (16hours)

Cost per person

- R1100 (2 people)
 - R640 (5 people)
 - R500 (9 or more people)
- (Other group sizes are available. Price includes VAT & travel within JHB)

- First Aid Level 1 & 2 course

This intermediate course covers the essentials of first aid in more detail. The extra theoretical and practical training enables students to improve their care of an injured person.

The course covers:

- Two person Adult & Child CPR
- Multiple injury management
- Heart attacks & chest pain
- Epilepsy, Strokes, Poisonings
- Snake bites
- Impaled objects
- Cardio-Pulmonary system
- Level 1 content

You will receive:

- Level 2 manual (77 pages)
- Mouth piece, gloves & pouch
- Level 2 first aid certificate (valid for 3 years)

Duration

- 3 days (24 hours)

(1 day if you have already done the level 1. The price is also reduced)

Cost per person

- R980 (6 people)
 - R850 (9 or more people)
- (Other group sizes are available. Price includes VAT & travel within JHB)

- First Aid Level 1, 2 & 3 course

This comprehensive course covers all first aid topics. It is excellent for people that are exposed to hazardous environments or that are more than a few hours from their nearest hospital.

The course covers:

- Adult, child and Infant CPR and choking. Emergency child birth
- Diabetes, Heart Failure & AED
- Environmental and Spinal injuries
- GCS & Blood pressure measurement
- Multiple casualty management
- Patient monitoring and maintenance
- Level 1 and 2 content

You will receive:

- Level 3 manual (97 pages)
- Mouth piece, gloves & pouch
- Level 3 first aid certificate (valid for 3 years)

Duration

- 5 days (40 hours)

(2 days if you have already done the level 2. The price is also reduced)

Cost per person

- R1580 (6 people)
 - R1340 (9 or more people)
- (Other group sizes are available. Price includes VAT & travel within JHB)



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Location

We come to you:

We're a mobile training company so we can train wherever and whenever our clients need us. (Please check with us for unreserved dates.)

You come to us:

If you're not part of a group, or you don't want a private course, you can join one of our public courses. Jan - Apr in Montgomery Park (north of Melville, south of Northcliff, west of Emmarentia). May onwards in Delarey (south of Northcliff, next to Florida, near the N1 Gordon offramp)

Contact us

Email: mail@pulsep.co.za
Landline: 011 477 9999
Office Cell: 074 149 6000
Fax: 086 551 9999

We can come to you!

CPD Point Courses



- Heartsaver CPR (HS CPR)

Get 7 CPD points in 3 hours with this CPR course. (This course is open to anyone, though only people registered with the HPCSA will receive the CPD points.)

The course covers:

- Adult C.P.R. with a pocket mask
- Child C.P.R. with a pocket mask
- Infant C.P.R. with a pocket mask
- Adult/Child Choking
- Infant Choking

You will receive:

- 48 page Full colour CPR student manual, CD and attendance card
- 7 CPD/CEU point certificate.
- HS CPR certificate
- Mouth piece, gloves & pouch.

Duration

- 3 hours

Cost per person

- R400 (3 people)
 - R300 (6 or more people)
- (Other group sizes are available. Price includes VAT & travel within JHB)

- Basic Life Support for Healthcare Providers (BLS for HCP)

Get 15 CPD points in 5 hours with this advanced CPR course. (This course is open to anyone, though only people registered with the HPCSA will receive the CPD points.)

The course covers:

- Adult, child and infant choking & CPR; with the use of a BVM (Bag-Valve-Mask)
- AED – Automated External Defibrillation.
- Advanced airway management.

You will receive:

- 80 page Full colour Basic Life Support student manual, CD and attendance card.
- 15 CPD/CEU point certificate.
- BLS for HCP certificate

Duration

- 5 hours

Cost per person

- R690 (3 people)
 - R600 (6 or more people)
- (Other group sizes are available. Price includes VAT & travel within JHB)

- Heartsaver First Aid (HS First aid)

Get 7 CPD points in 1 day with this essential first aid course. (This course is open to anyone, though only people registered with the HPCSA will receive the CPD points.)

The course covers:

- Adult, child, infant choking & CPR; with a pocket mask & AED
- Shock, Internal & External bleeding
- Breathing problems, Allergic reactions
- Fractures, splinting and bandaging
- Head and Spine Injuries
- Heat related Emergencies
- Poisons, Bites and Stings

You will receive:

- 7 CPD/CEU point certificate.
- HS First Aid certificate
- 130 page full colour First Aid & CPR manual and CD.
- Mouth piece, gloves & pouch.

Duration

- 1 day

Cost per person

- R800 (3 people)
 - R600 (6 people)
- (Other group sizes are available. Price includes VAT & travel within JHB)