



Contact us
 Email: mail@pulsep.co.za
 Landline: 011 477 9999
 Office Cell: 074 149 6000
 Fax: 086 551 9999
 www.pulsep.co.za

		Course Comparison							
		CPR	Basic First Aid	Level 1		Level 1 & 2		Level 1, 2 & 3	
Section	Topic	Pulse Point	Pulse Point	Dept. of Labour	Pulse Point	Dept. of Labour	Pulse Point	Dept. of Labour	Pulse Point
Basics of first aid	Safety & Emergency scene management	✓	✓	✓	✓	✓	✓	✓	✓
	Principles of first aid			✓	✓	✓	✓	✓	✓
	Ethics related to emergency care				✓		✓	✓	✓
	The Chain of Survival				✓		✓		✓
	Basic First Aid Kit list				✓		✓		✓
CPR	Choking	✓	✓	✓	✓	✓	✓	✓	✓
	Artificial respiration	✓		✓	✓	✓	✓	✓	✓
	One-rescuer Adult CPR	✓		✓	✓	✓	✓	✓	✓
	Two-rescuer Adult CPR					✓	✓	✓	✓
	One-rescuer Child CPR	✓			✓	✓	✓	✓	✓
	One-rescuer Infant CPR	✓				✓	✓	✓	✓
	Automated External Defibrillator (AED)								✓
Injury Management	Single Injury Management		✓	✓	✓	✓	✓	✓	✓
	Multiple injury management				✓	✓	✓	✓	✓
	Diagnosis of medical conditions						✓		✓
	Multiple patient management							✓	✓
Traumatic Injuries	Wounds and bleeding		✓	✓	✓	✓	✓	✓	✓
	Shock, unconsciousness and fainting		✓	✓	✓	✓	✓	✓	✓
	Burns		✓	✓	✓	✓	✓	✓	✓
	Fractures & Splinting		✓	✓	✓	✓	✓	✓	✓
	Head and Spinal Injuries		✓	✓	✓	✓	✓	✓	✓
	Poisons		✓		✓	✓	✓	✓	✓
	Eye injuries		✓		✓	✓	✓	✓	✓
	Soft tissue injuries		✓		✓	✓	✓	✓	✓
	Joint injuries & Sprains		✓		✓	✓	✓	✓	✓
	Hand injuries				✓	✓	✓	✓	✓



Contact us
 Email: mail@pulsep.co.za
 Landline: 011 477 9999
 Office Cell: 074 149 6000
 Fax: 086 551 9999
 www.pulsep.co.za

		CPR	Basic First Aid	Level 1		Level 1 & 2		Level 1, 2 & 3	
		Pulse Point	Pulse Point	Dept. of Labour	Pulse Point	Dept. of Labour	Pulse Point	Dept. of Labour	Pulse Point
Traumatic Injuries (cont.)	Impaled objects				✓	✓	✓	✓	✓
	Compartment syndrome				✓		✓	✓	✓
	Specific fractures				✓		✓	✓	✓
	Chest injuries					✓	✓	✓	✓
	Pelvic and abdominal injuries					✓	✓	✓	✓
	Crush Injuries							✓	✓
	Concussion & Compression							✓	✓
Medical emergencies	Seizures & Fits		✓		✓	✓	✓	✓	✓
	Chest pain and paralysis					✓	✓	✓	✓
	Asthma		✓		✓		✓	✓	✓
	Skin reactions & Allergies				✓		✓	✓	✓
	Drowning		✓				✓	✓	✓
	Diabetes							✓	✓
	Emergency child birth							✓	✓
Environmental Injuries	Snake bites and bee stings		✓		✓	✓	✓	✓	✓
	Intro. to bites and stings (snake, spider, dog & scorpion)				✓	✓	✓	✓	✓
	Bites and stings					✓	✓	✓	✓
	Environmental illnesses and injuries					✓	✓	✓	✓
Anatomy and Physiology	Basic anatomy and physiology				✓	✓	✓	✓	✓
	Applied anatomy and physiology						✓	✓	✓
Advanced first aid skills	Rescue Carries					✓	✓	✓	✓
	Problem solving scenarios				✓		✓	✓	✓
	Emergency simulation				✓		✓	✓	✓
Patient Monitoring	Patient History				✓		✓		✓
	Adult Vital signs				✓		✓		✓
	Infant & Child Vital signs								✓
	Glasgow Coma Scale								✓
	Blood pressure								✓



Contact us
 Email: mail@pulsep.co.za
 Landline: 011 477 9999
 Office Cell: 074 149 6000
 Fax: 086 551 9999
 www.pulsep.co.za

		CPR	Basic First Aid	Level 1		Level 1 & 2		Level 1, 2 & 3	
		Pulse Point	Pulse Point	Dept. of Labour	Pulse Point	Dept. of Labour	Pulse Point	Dept. of Labour	Pulse Point
Training	50 % theoretical and 50 % practical	✓	✓	✓	✓	✓	✓	✓	✓
Testing	CPR evaluation	✓		✓	✓	✓	✓	✓	✓
	Written test evaluating both theory & practical			✓	✓	✓	✓	✓	✓
	Practical assesment on an emergency simultaion				✓		✓	✓	✓
Student aids	Manual	✓	✓	✓	✓	✓	✓	✓	✓
	Resuscitation aid (mouth piece)	✓		✓	✓	✓	✓	✓	✓
	Pair of gloves	✓			✓		✓		✓
	Keyring pouch	✓			✓		✓		✓
Training aids	Whiteboard	✓	✓	✓	✓	✓	✓	✓	✓
	Video & powerpoint	✓	✓		✓		✓		✓
	First Aid Kit		✓	✓	✓	✓	✓	✓	✓
	Adult Resuscitation manikin	✓		✓	✓	✓	✓	✓	✓
	Infant Resuscitation manikin	✓				✓	✓	✓	✓
	Cervical immobilization device			✓	✓	✓	✓	✓	✓
	Anatomy visual aids					✓	✓	✓	✓
	Full spinal boards							✓	✓
	Wound simulation							✓	✓
Maximum Ratios	Instructors to Students	1:9	1:20	1:15	1:15	1:12	1:12	1:12	1:12
	CPR Manikins to Students	1:3	N/A	N/A	1:3	N/A	1:3	N/A	1:3
	Practical equipment to Students	1:3	N/A	N/A	1:3	N/A	1:3	N/A	1:3
Duration		3 hrs	3 hrs	2 days	2 days	3 days	3 days	5 days	5 days
Accreditation	Department of Labour			✓	✓	✓	✓	✓	✓
	Resuscitation council of South Africa	✓	✓						
	American Heart Association	✓	✓						

Other courses we offer: Heartsaver CPR (3 hours), Heartsaver CPR with AED (4 hours), BLS for HCP (5 hours), Heartsaver First aid (1 day), Suturing (1½ hours), IV Therapy (2 hours), Sports strapping (1½ hours)